

BLOOD SUGAR MONITORING

The Following are General Guidelines

ALWAYS FOLLOW THE RESIDENT'S SPECIFIC ORDERS FIRST!

****ALWAYS CHECK BLOOD SUGAR BEFORE GIVING INSULIN****

If Blood Sugar is below 70:

- Give 1 cup of orange juice or apple juice
- Recheck blood sugar after 15 minutes. If blood sugar is still below 70, give another cup of orange or apple juice (Repeat these steps up to 3 times)
- Call MD + RN Delegator if blood sugar still low & client is ALERT & STABLE.

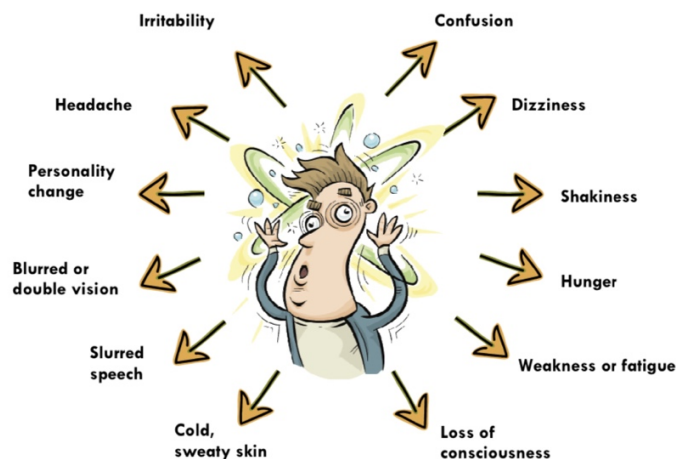
If Blood Sugar is below 70 & resident is unconscious and NOT Alert:

- CALL 911!
- DO NOT GIVE INSULIN! DO NOT GIVE JUICE!
- Call Nurse Delegator and AFH Provider after 911 has been called

If Blood sugar is greater than 300:

- Give resident a drink of water, let resident walk around inside the house
- Recheck blood sugar after 1-2 hours.
- Call MD and RN Delegator if blood sugar continues to be high.

Low Blood Sugar Symptoms



Blood Sugar Ranges to Know

Name of Range	Blood Sugar Level
↑ High Blood Sugar or Hyperglycemia	Above 140 mg/dl
Normal Blood Sugar	70 -140 mg/dl
↓ Low Blood Sugar or Hypoglycemia	Below 70 mg/dl